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# Music Therapy Internship Fact Sheet

**Prisma Health Children's Hospital—Midlands**  
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Children's Hospital—Midlands is South Carolina's first children's hospital. It includes a Level II Pediatric Trauma Center and is connected to our Level III Neonatal Intensive Care Unit, which is located in the main hospital next door.

Our freestanding 82-bed hospital combines compassionate medical care with comfortable family-centered spaces, age-appropriate play areas and therapeutic diversions to help reduce stress and encourage healing. Here, you'll find a skilled team of pediatric professionals under one roof who share one goal – provide coordinated, compassionate care to South Carolina's children and their families.

## Music Therapy Team

Janelle Mitchell, MM, MT-BC  
Music Therapy Internship Director

Becca Kelly, MT-BC  
Child Life Team Lead  
Music Therapy Internship Supervisor

Arianna Bendlin, MMT, MT-BC  
Music Therapy Internship Supervisor

## Music Therapy Internship

At Prisma Health Children's Hospital—Midlands, we offer a six-month Music Therapy Internship starting in January of each year. The schedule includes 40 hours a week from 8 a.m.–4:30 p.m., Monday–Friday. Possible settings during the internship include (but are not limited to):

- Cancer and Blood Disorders Units
- Infants and Toddlers Inpatient Unit
- Neonatal Intensive Care Unit
- Pediatric Intensive Care Unit
- School-age and Adolescent Inpatient Unit
- Outpatient Pediatric Sedation Unit

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Music therapists reside in the Child Life Department at Prisma Health Children's Hospital–Midlands. Music Therapy Interns have the opportunity to co-treat and collaborate with Certified Child Life Specialists on each unit as well as others on the medical treatment team (such as physical therapists, occupational therapists and nurses). Prisma Health is a teaching hospital that includes student programs for nursing, rehabilitative therapies, medical residencies and child life. Music Therapy Interns will mostly conduct individual sessions in patient rooms or the music room (located on the first floor); they will also have the opportunity to lead small groups in the playrooms. Music Therapy Interns occasionally participate in non-clinical tasks, such as donations, child life events, groups and projects.

A weekly schedule allots time for filling out documentation, interdisciplinary meetings, building repertoire, session planning, holding clinical contact hours and completing assignments. Examples of assignments or projects Music Therapy Interns must complete during the internship include:

- Presentation/Inservice to Medical Staff
- Weekly journal entries
- Literature reviews
- Case study
- Special project
- Employment preparation
- Mid-term evaluation
- Final evaluation

## Interview process

Applicants will receive an email confirming receipt of their application. Once the application has been received and reviewed, selected applicants will be contacted to schedule a phone interview. After phone interviews, selected applicants will be contacted to schedule an on-site interview. On-site interviews will be required so that applicants can view the facility and make an informed decision in case they receive an internship offer.

## Dates/Deadlines

**Rotation period:** January–July

**Application deadline:** July 1

**Offer:** August 15

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## Housing/Stipend

There is no stipend for this internship. Interns must secure their own housing and may request support in finding housing sources from the internship director.

## Administrative requirements

A legal affiliation agreement between Prisma Health Student Affairs and the intern's academic program must be in place before the internship start date. In addition, Prisma Health uses two platforms in the clearance process for students: myClinicalExchange and Learning Hub. Meeting the requirements of both systems is mandatory to participate in the Prisma Health student experience.

### Steps for clearance include:

- Background check
- TB screening
- Proof of immunizations:
  - MMR
  - Influenza
  - Hepatitis B
  - Varicella
  - COVID-19 vaccination
- CPR certification
- Epic training

Students are responsible for any costs incurred to meet these requirements. If unable to receive the COVID-19 vaccine, students must wear an N95 mask and goggles for infection control. Interns must also be covered by the student's professional legal liability insurance, which is included in the affiliation agreement between Prisma Health Student Affairs and the intern's academic program.

### If you have any additional questions, contact:

**Janelle Mitchell, MM, MT-BC, NMT, NICU-MT**

**Janelle.Mitchell@PrismaHealth.org**

**803-434-6239**

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# Required Entry-level Competencies

Applicants will complete several steps in the interview process to ensure they are a good fit for both the prospective internship and the internship director. The application requires two video submissions to demonstrate skills on piano and guitar. After the initial application, selected applicants will be contacted to schedule a phone interview. Following phone interviews, selected applicants will be contacted to schedule an on-site interview to further demonstrate their music and therapeutic skills in person.

## Music skills

### Voice skills

1. Sing in tune with adequate volume and rhythm

### Guitar skills

1. Tune guitar with standard tunings
2. Play basic chord progressions (I, IV, V and vi) in at least three keys
3. Employ various strumming and finger-picking techniques
4. Transpose compositions in several keys

### Piano skills

1. Play basic chord progressions (I, IV, V and vi) in at least three keys
2. Transpose simple compositions

### Percussion skills

1. Play with steady beat and functional knowledge of percussion instruments

### General music skills

1. Sight read simple compositions and song accompaniments (such as lead sheets)
2. Compose songs with simple accompaniment
3. Possess sufficient command of music theory

### Therapeutic skills/Professional qualities

1. Demonstrate effective communication/documentation skills
2. Exercise professionalism and ability to accept feedback